



# 9-10

## English Rider Handbook Levels 9-10

**Equine Canada**  
Learn to Ride Program





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**Designer:** Dazzle by Design Graphics Studio Inc.

### **Note to Riders and Coaches:**

Equestrian sport is an 'early start/late development' sport. Children and beginner riders need a broad sport experience that includes opportunity to try multiple disciplines in the sport, as well as ample opportunity to develop general athletic skills that will help the participant progress in equestrian sport to their maximum desired potential. Please refer to the red "Developing Equestrians in Canada" Guidebook and other Long-Term Equestrian Development (LTED) resources for additional information. Coaches are encouraged to discuss general athletic needs with their students, and to assist students in designing an appropriately balanced training plan to develop mounted and unmounted athletic and horsemanship skills.

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### **Acknowledgements**

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Jill Barker  
Mary-Clare McLaren  
Equine Canada English Coaching Committee

### **Companion Resources available through Equine Canada and provincial equestrian associations:**

- "Developing Equestrians in Canada" (athlete development guidebook)
- Long Term Equestrian Development: discipline series (Hunter/Jumper, Dressage, Eventing)
- Equine Canada Stable Management Manual
- Other Equine Canada Learn to Ride programs

### **Other Supplementary Suggested Materials for Riders and Coaches/Instructors**

- Pony Club Manuals of Horsemanship (US or British)
- Horsemasters Notebook (revised)
- Saddlery (revised)
- Know Your Horse (revised)
- The Judge Is Back
- Teaching Safe Horsemanship, Jan Dawson
- Teaching Children to Ride, Jane Wallace
- Dressage in North America
- Dressage for Young Riders
- Jumping, Anne Kerenski
- Dressage With Kyra
- BHS Manual for Coaching and Teaching Riding
- Coaching Skills for Riding Teachers, Islay Auty
- BHS Manual of Horsemanship 12th Edition
- Principles of Riding – Official Instruction Book of the GEF

## Rider 9

Candidates for Rider 9 have realized that their skill progression has been achieved by doing, and now have developed their ability to assimilate information by exposure to various training opportunities. They can now apply it to their own practical application in the riding, training and care of their horses. They are now in the LTED phase of Learning to Compete, Train the Competitor, and Learn To Win.

The Rider 9 is a person who is a confident, stylish effective rider with sound training principles both on the flat, over fences and working with a horse from the ground. They should maintain a balanced, correct and supple seat at all gaits and over fences. Candidates should demonstrate a feel for their horses, an appreciation of any weaknesses. The Rider 9 is beginning to school horses and will be able to identify and ride a training program according to the horse's needs. An awareness of horse behavior now comes to the forefront and the rider is capable of using the training pyramid to best develop the horses mental, muscular and gymnastic abilities. The emphasis is on improving a horse's style i.e. rhythm, straightness and technique.

Note: Rider 9 candidates are to present themselves with a horse that is schooled to meet all requirements of the level. Evaluators should note that not all horses are perfect; a candidate should not fail if a quality is not present i.e. lead swap, but the candidate should be well able to identify and demonstrate schooling plans for a weakness in performance.

In the jumping module, candidates will ride a pre-determined Medal style course set at 3'3-3'6" (1.0-1.10M). For the dressage module, the test will be a Third Level. Candidates taking the eventing module will be expected to ride at the Training level.

### Who May Examine Candidates?

#### English Rider 9-10 Evaluators

##### English Rider 9-10

- Must be an Equine Canada current certified Coach Level 3, Competition Coach Specialist or High Performance 1 Coach, one of which has to be discipline specific according to elective of candidate
- *Must be evaluated by two evaluators*

#### Evaluator Notes:

Candidates should be accessed one at a time for the flat and over fence phases and evaluators should use as much time as required for each individual in order to fairly access them. For the over fence phase, sufficient equipment for gymnastics as well as a course should be available and sufficient ring crew should be available for the candidate to direct. Each candidate will be required to bring at least one ground person with them to the evaluation.

In the jumping module, the candidates are welcome to use a gymnastic for warm-up or corrective training exercise.

Should the candidate present themselves on a horse deemed unsuitable, the evaluator may exercise the right to terminate the evaluation.

#### Practical Horse Knowledge

Candidates will be asked to participate in a group panel discussion moderated by the evaluator who will engage the group in discussion and target each candidate with three specific questions from the resource pool of questions. Topics will include but not be limited to areas such as transport of horses, horse behavior, herd management, rules and ethics, health issues relating to training.

The current list of topics will be available from the P/TSO for the evaluator.

#### Requirements:

##### Jumper Module:

- Minimum arena size for jumper module is 80 x 180
- Full set of gymnastic equipment
- Enough jump materials to build medal course including adequate filler material.

##### Dressage Module:

- Dressage arena 20x60
- Dressage Test Third Level Test One (2011)

##### Eventing Module:

Training Level Cross Country course  
(Indoor simulation not acceptable at this level)

# Marking Sheet Rider 9

9

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

Date: \_\_\_\_\_ Location: \_\_\_\_\_ Final Mark: \_\_\_\_\_

Candidate: \_\_\_\_\_ Prov #: \_\_\_\_\_ Age \_\_\_\_\_

Examiner: \_\_\_\_\_ Equine Canada #: \_\_\_\_\_

Signature: \_\_\_\_\_

**Note to Evaluators:** Please refer to overview for full requirement definitions

No.	Requirement	Evidence	Comments	Mark
A.	<b>Practical(Panel Discussion)Required</b>			
1	Applicant's confidence and ability to participate in group discussion			
2	Applicant's knowledge of topic (1)			
3	Applicant's knowledge of topic (2)			
4	Applicant's knowledge of topic (3)			
<b>Final Score ( )</b> IN <8 ME 8-10 EE 11-12		<b>Insufficient 7 or less</b> <b>Meets Expectations 8-10</b> <b>Exceeds Expectations 11-12</b>	Comment:	

**Marking Sheet  
Rider 9**

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

*Note to Evaluators: Please refer to overview for full requirement definitions*

**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
<b>B.</b>	<b>Flat Phase (Required)</b>			
1	Warm-up, initial impression			
2	Candidates' critique of warm up (Emphasis on ability to identify weakness and strengths)			
3	Ride Flat Test – overall mark, not individual movements			
4	Candidates' critique of flat test – identify strengths and weaknesses)			
5	Candidate to set out and execute training exercises to address weaknesses exhibited in the test			
6	Evaluate effectiveness			
7	Overall impression at end of flat phase			
<b>Final Score ( )</b>	IN <14 ME 14-17 EE 18-21	<b>Insufficient 13 or less</b> <b>Meets Expectations 14-17</b> <b>Exceeds Expectations 18-21</b>	Comment:	

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

**Marking Sheet**  
**Rider 9**

*Note to Evaluators: Please refer to overview for full requirement definitions*

**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
C.	Lunging(Required)			
1	Applicant turnout and horse presentation			
2	Competency in handling equipment and horse			
3	Ability to produce rhythm, relaxation and suppleness			
4	Identify area for improvement and demonstrate schooling of same			
<b>Final Score</b> ( )	IN <8 ME 8-10 EE 11-12	<b>Insufficient</b> 7 or less <b>Meets Expectations</b> 8-10 <b>Exceeds Expectations</b> 11-12	Comment:	

**Marking Sheet  
Rider 9**

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

*Note to Evaluators: Please refer to overview for full requirement definitions*

**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
<b>D.</b>	<b>Jumping Phase</b>			
1	Warm-up, initial impression Candidates' will make use of materials and ring crew to execute their warm up prior to the course			
2	Candidates' critique of warm up (Emphasis on ability to identify weakness and strengths)			
3	Walk the course. Analyze and plan the ride.			
4	Ride Course Predetermined Medal Course 3' – 3'3" – overall mark, not individual movements			
5	Candidates' critique of their performance – identify strengths and weaknesses			
6	Candidate to set out and execute training exercises to address weaknesses exhibited on course			
7	Evaluate effectiveness			
8	Overall impression at end of the jumping phase			
<b>Final Score</b> ( )	IN <16 ME 16-19 EE 20-24	<b>Insufficient 15 or less</b> <b>Meets Expectations 16-19</b> <b>Exceeds Expectations 20-24</b>	Comment:	

**Marking Sheet  
Rider 9**

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

*Note to Evaluators: Please refer to overview for full requirement definitions*

**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
<b>E.</b>	<b>Dressage Phase</b>			
1	Warm-up, initial impression			
2	Candidates' critique of warm up (Emphasis on ability to identify weakness and strengths)			
3	Ride Dressage Test			
4	Candidates' critique of their performance – identify strengths and weaknesses			
5	Candidate to set out and execute training exercises to address weaknesses exhibited in the test			
6	Evaluate effectiveness			
7	Overall impression at end of the dressage phase			
<b>Final Score ( )</b>	IN <14 ME 14-17 EE 18-21	<b>Insufficient 13 or less</b> <b>Meets Expectations 14-17</b> <b>Exceeds Expectations 18-21</b>	Comment:	



**Marking Sheet  
Rider 9**

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

**Note to Evaluators: Please refer to overview for full requirement definitions**

**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
<b>F.</b>	<b>Eventing Phase</b>			
1	Warm-up, initial impression Candidates' will make use of materials and ring crew to execute their warm up prior to the course			
2	Candidates' critique of warm up (Emphasis on ability to identify weakness and strengths)			
3	Ride Training Course – overall mark, not individual movements			
4	Candidates' critique of their performance – identify strengths and weaknesses			
5	Candidate to set out and execute training exercises to address weaknesses exhibited on course			
6	Evaluate effectiveness			
7	Overall impression at end of the flat phase			
8				
<b>Final Score ( )</b>	IN <16 ME 16-19 EE 20-24	<b>Insufficient 15 or less</b> <b>Meets Expectations 16-19</b> <b>Exceeds Expectations 20-24</b>	Comment:	

## Rider 10

The Rider 10 will be required to perform all of the requirements of the Rider 9. However, the Rider 10 will be evaluated on their ability to ride three unfamiliar horses at the evaluation.

The Rider 10 shows a sound knowledge and experience of training horses capable of competing at Equine Canada Silver and Gold levels. The Rider 10 is able to ride a variety of horses at various levels of schooling to produce the best performances from them, identify any problems, and be able not only to discuss these problems but give and execute plans to resolve or improve them according to the training pyramid. They should be able to assess the horses presented and determine the purpose each horse might be best suited for. Further, the Rider 10 should be able to implement a change in the horse and then be able to critique their ride and determine if they have been effective with their training plan.

### For the Jumping Module

The height of fences will be determined by the candidate in consultation with the evaluator panel. Jump height minimum 2'6" (0.75M) to a maximum of 3' (0.90M). Emphasis is on the evaluation of style and technique, the interpretation of the horse's abilities and their ability to produce a good ride.

### For the Dressage Module

The candidate is to warm-up the horse as to determine if the horse is suitable for Third Level.

### For the Eventing Module,

The height of fences will be determined by the candidate in consultation with the evaluator panel. Jump height minimum 2'6" to a maximum of 3'. Emphasis is on the evaluation of style and technique, the interpretation of the horse's abilities and their ability to produce a good ride.

Note: Organizers of an evaluation will endeavor to secure the use of a variety of mounts for the evaluation, and although safety is paramount, a variety of types should be selected. An option may be that candidates are requested to bring an unfamiliar horse to the evaluation. Problem horses are not acceptable. Candidates are not to ride their own mount. Evaluators should terminate or excuse any mount that demonstrates unsuitability.

Note: A very possible scenario would be that a Rider 9 candidate be evaluated at a facility with available unfamiliar horses on the premises. Should the Rider 9 excel in their evaluation it is

conceivable that they could proceed to a Rider 10 evaluation immediately.

### Evaluator Notes:

Candidates should be assessed one at a time for the flat and over fence phases and evaluators should use as much time as is required for each individual in order to fairly assess them. For the over fence phase, sufficient equipment for gymnastics as well as a course should be available and sufficient ring crew should be available for the candidate to direct. Each candidate will be required to bring at least one ground person with them to the evaluation.

In the jumping module, the candidates are welcome to use a gymnastic for warm-up or corrective training exercise.

### Requirements:

- Minimum arena size for jumper module is 80 x 180
- Full set of gymnastic equipment  
Enough jump materials to build course including adequate filler material.
- Dressage arena 20x60
- Access to a Training Level cross country course (Indoor simulation not acceptable at this level)

## Who May Examine Candidates?

### English Rider 9-10 Evaluators

- Must be an Equine Canada current certified Coach Level 3, Competition Coach Specialist or High Performance 1 Coach, one of which is to be discipline specific according to elective of candidate
- *Must be evaluated by two evaluators*

## Marking Sheet

### Rider 10

Marking Scheme:	
Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

Date: \_\_\_\_\_ Location: \_\_\_\_\_ Final Mark: \_\_\_\_\_

Candidate: \_\_\_\_\_ Prov #: \_\_\_\_\_ Age \_\_\_\_\_

Examiner: \_\_\_\_\_ Equine Canada#: \_\_\_\_\_

Signature: \_\_\_\_\_

**Note to Evaluators:** Please refer to overview for full requirement definitions

No.	Requirement	Evidence	Comments	Mark
<b>A.</b>	<b>Flat Phase</b>			
1	Warm-up and familiarization with horse (observed by evaluator)			
2	Discussion of horses abilities, temperament, responsiveness, stage of training			
3	Outline and implement immediate plan to school weaker areas			
<b>Final Score ( )</b>	IN <6 ME 6-7 EE 8-9	<b>Insufficient 5 or less</b> <b>Meets Expectations 6-7</b> <b>Exceeds Expectations 8-9</b>	Comment:	

## Marking Scheme:

Insufficient	1
Meets Expectations	2
Exceeds Expectations	3

**Marking Sheet**  
**Rider 10**
*Note to Evaluators: Please refer to overview for full requirement definitions*
**Candidate:** \_\_\_\_\_

No.	Requirement	Evidence	Comments	Mark
<b>B.</b>	<b>Jumping Phase</b>			
1	Warm-up and familiarization with horse (observed by evaluator)			
2	Discussion of horses abilities, temperament, responsiveness, stage of training			
3	Outline and implement immediate plan to school weaker areas			
<b>Final Score ( )</b>	IN <6 ME 6-7 EE 8-9	<b>Insufficient 5 or less</b> <b>Meets Expectations 6-7</b> <b>Exceeds Expectations 8-9</b>	Comment:	



# Our Mission

**From championing best practices to encouraging fun and participation, Equine Canada is the dedicated national voice working to serve, promote and protect the interests of horses and Canada's equestrian community.**

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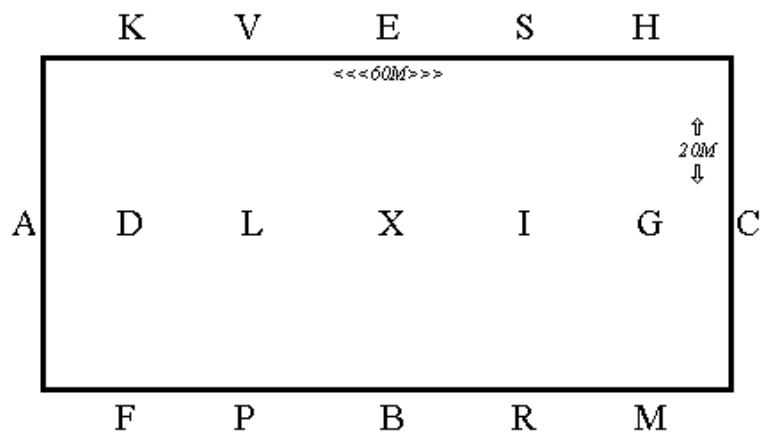


## RIDER 9 – FLAT TEST

*To be ridden in snaffle bridle. To be ridden in sitting trot, rising trot optional, except where specified otherwise.*

	Letters	Movement	Comments/Notes
1	A C	Enter collected trot. Proceed down center line through X Track left	
2	H	Circle left 10 metres	
3	H-V V-A	Shoulder in to V Straighten and proceed to A	
4	A D –S-M	Turn on center line Leg yield left to S, proceed to M	
5	MXK	Change rein lengthen stride	
7	K A	Collected trot Collected canter left lead, proceed to P	
8	P P-M M	Circle left 15M Lengthen stride in canter Collected canter	
9	C H-S	Trot Medium walk	
10	S-F F-A	Free walk Medium walk	
11	A	Collected trot, proceed to K	
12	K	Circle right 10M	
13	K-S S	Shoulder in right Straighten, proceed to C	
14	C G to V	Turn down centerline Leg yield right, proceed to F	
15	FXH H	Lengthen stride in trot Collected trot	
16	C	Circle right 20M in rising trot allowing horse to stretch forward and downward. Shorten reins by return to C	
17	C Between C and M	Sitting trot Collected canter	

18	R R-P P	Circle right 15M Lengthen stride in canter to P Collected canter, circle right 15m	
19	K –B  H-B	Change rein with a flying change near centerline to B Change rein with a flying change near centerline to B	
20	F A G	Trot Turn down center line. Halt. Immobility 4 seconds. Leave arena free wall on a loose rein	

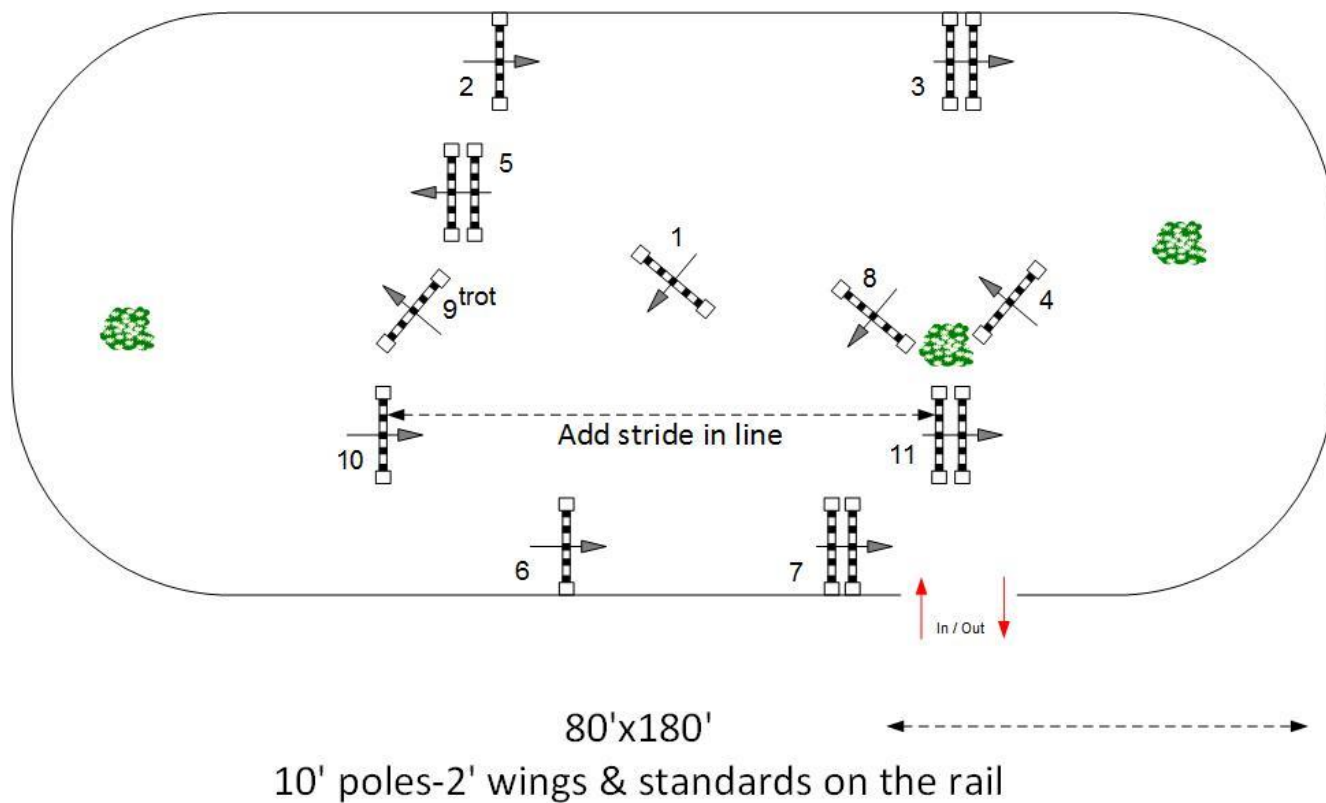




## Rider 9 Medal Style Course

Note: The setting of the course should be directed by the candidate.

*(Evaluators should ensure standards are used on all obstacles. Evaluators to walk and approve before beginning of this phase.)*



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Candidates should also demonstrate a pre determined counter canter on the course. The counter canter may be demonstrated on the approach to a fence or through a turn as examples.